

# Lynnetta Willis, PhD

**Psychologist, Speaker, & Multi-award Winning Author**

Dr. Willis has woven spirituality into her healing work with individuals and families for over 15 years and is the author of the spiritual children's book, *My Forgotten Self: A Story about a Girl, a Powerful Encounter, and a Universal Message*. She specializes in spiritually-centered psychotherapy, trauma healing and is the creator of the *Inner Pathways Parenting* program. As a speaker, Dr. Willis delivers inspirational messages with practical guidance.



## Tired of Correcting Your Children More Than You Connect With Them?

Learn practical ways to consciously balance connecting with, correcting, and empowering your children through a simple system that combines spiritual principles, powerful imagery and research-informed guidance. Reclaim the precious time spent correcting, feeling guilty, or reading overwhelming parenting books and use it to deepen your relationships with your child, yourself, and the world.



### Dr. Willis's presentations will show you:

- ▶ How to understand your child by understanding and embracing your triggers.
- ▶ Why your caregivers influence your parenting style, why this is a gift, and what to do with it.
- ▶ Ways to parent from your higher, more compassionate self without feeling inauthentic.
- ▶ An innovative imagery system that will activate your intuition and allow you to consciously parent.
- ▶ 3 major spiritual principles that will transform the way you look at and engage your relationship with your child.
- ▶ The difference between empowering and entitling children and practical empowerment strategies.

Book Dr. Willis for your next speaking event!

Contact info

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## Testimonials

*"This is not some gimmicky program that you do for 4 weeks and learn some tips and tricks, it's a whole new way of thinking and processing and reacting. I like that!"*

– **Sheila Sexton, mother of 2 boys regarding *Inner Pathways Parenting*.**

*"Your style is hilarious and relatable. I'm glad I came to your talk. I've gained so much in a short amount of time!"*

– **Anonymous review from a workshop participant.**

*"I got chills listening to you talk [about *Inner Pathways Parenting*]. This is transformational and will help so many people. I can't wait for your pilot course. Sign me up!"*

– **Monica Wesolowski, mother of a boy and a girl regarding *Inner Pathways Parenting*.**

*"You are very professional and I loved the way you engaged us, [the audience]. You clearly know your stuff."*

– **Anonymous review from a workshop participant.**



Dr. Lynyetta G. Willis is a psychologist, the founder and CEO of Inner Pathways Counseling and Consulting, LLC, a multi-award winning author of the children's spiritual book, *My Forgotten Self*, and the creator of Inner Pathways Parenting—a research-informed program that combines spiritual principles, self-awareness, and imagery to guide caregivers to consciously balance connecting with, correcting, and empowering their children. She's a passionate teacher and a life-long spiritual seeker. In that vein, Dr. Willis sees relationships as vehicles for spiritual evolution; as the mother of two children, she believes the relationship between a child and their caregiver is one of the most powerful, soul-evolving vehicles in existence. Using speaking as a way to share her expertise, Dr. Willis helps people connect with their highest self to get out of that unconscious reactive place of shame, guilt, and unworthiness and connect through self-love, conscious power, and compassion.

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